MIAMI VALLEY HOSPITAL

EMERGENCY DEPARTMENTS MANUAL

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S.A.N.E (SEXUAL ASSAULT NURSE EXAMINER) PROTOCOL/POLICY

The mission of the SANE program is to meet the needs of the sexual assault patient by providing immediate, compassionate, culturally sensitive, and comprehensive forensic evaluation and medical treatment by trained, professional nurse experts.

The Emergency Trauma Center clinical nurse manager will complete an initial assessment and determine if a SANE consult is needed for emergency patients. If a need for a sexual assault referral is identified with an in-house patient, the responsible physician must call the ETC clinical nurse manager and then contact SANE of Butler County at 1-800-642-9961. The attending physician will be responsible for ordering the examination and writing for any medications, treatments or referrals needs.

The SANE is responsible to make sure the jurisdictional law enforcement agency and victim witness was notified.

SANE of Butler County follows the *Ohio Protocol for Sexual Assault Forensic and Medical Examination*.

The protocol covers but is not limited to the following areas:

- A. Consent for forensic examination
- B. Sexual assault/abuse evidence collection procedures
- C. Documentation of injuries
- D. Photographic documentation of injuries
- E. Screen for potential drug facilitated sexual assault
- E. Maintaining Chain of Custody
- F. Evaluation and recommended treatments for HIV, pregnancy and sexually transmitted infection.
- G. Working with law enforcement on medical issues pertinent to investigation of the crime.

Diagnostic testing will be done based on patient need and will be identified collaboratively by the Emergency Trauma Center attending physician and the SANE. Current recommended treatment guidelines and medication administrations are established by the Medical director. The program currently follows the CDC Sexually Transmitted Diseases Treatment Guidelines 2010. These guidelines include:

Ceftriaxone 250mg IM in a single dose
Or
Cefixime 400 mg orally in a single dose
Plus
Metronidazole 2 g orally in a single dose
Plus
Azithromycin 1 g orally in a single dose
Or
Doxycycline 100 mg orally twice a day for 7 days

The SANE will discuss with all patients the options of pregnancy prevention. Sexual assault patients presenting with in 96 hours post assault and have a negative ETC pregnancy test are eligible for pregnancy prevention medications. The attending physician will determine if medications are to be given. The current treatment recommendations:

Plan B (Levonogestrel) 1.5 mg tablet at the time of treatment

Referrals for social service, CareHouse and follow up physician will be made by the SANE. Referrals for mental health assessment, Children's Services or Adult protective services will be made by the Social Service Department.

Treatment Guidelines for the Sexual Assault Patient:

Sexual assault is defined as any non-consensual vaginal, oral, or anal penetration (sexual contact) or any non-consensual sexual behavior (sexual conduct). Refer to Ohio Revised code 2907.01 and 2907.02

These guidelines apply to patients in the following categories:

- A. Sexual assault <96hours prior to presentation for treatment.
- B. Patient held hostage, preventing reporting within 96 hours.
- C. Patients over 13 years of age.
- D. In-house patients will be referred by the attending physician for a SANE

Sexual assault patients present ambulatory via triage or per cart/medic. The triaging nurse is responsible for medically triaging the patient for serious injury, including vital signs, health history, medication use, abuse screening, tetanus and last menstrual cycle. The triaging nurse should limit questions about the assault history to cover only medical aspects relating to initial care. The Forensic/SANE (Sexual Assault Nurse Examiner) will cover the assault history in greater detail during their interview. **Medical care will be started immediately if the patient presents with serious injures.** Acute medical care begins before forensic evaluation.

The triage nurse will notify the resource nurse for a preliminary interview. The resource nurse will make the determination if a Forensic/SANE consult is needed. The triage nurse will notify the SANE on-call by calling 1-800-642-9961. Regardless of serious medical injuries, the SANE must be called for forensic evaluation and evidence collection.

Patient location will be determined by the acuity and level of consciousness of the patient. Patients deemed medically appropriate will be placed in examination rooms with showers and restrooms.

*The primary nurse maintains responsibility for notifying Victim Witness at 937-225-5623 and the appropriate law enforcement agency.

All sexual assault patients will be evaluated and medically cleared by an attending ETC physician. The SANE will complete the medical forensic examination as outlined by the <u>Ohio Protocol for Sexual Assault Forensic and Medical Examination</u>. The examination will gather pertinent history related to the assault and any bio/psycho/social risks, perform injury assessment, collect and preserve forensic evidence, document per hospital policy and promote identified coping mechanisms.

The SANE will provide an oral report to the attending physician and the primary nurse. Recommendations for follow up, preventative medications and treatment needs will be made.

The primary nurse is responsible for documenting a physical assessment per hospital policy, obtaining ordered laboratory tests, giving physician ordered medications and treatments and discharging the patient.

Reminder: Reminder: Sexual Assault Patient Treatment Flow Chart Never omit Never omit emergency medical emergency medical Patient presents to facility care for a victim. care for a victim. Situation permitting, Situation permitting, contact the on call contact the on call SANE RN for SANE RN for Contact SANE of Butler County: collaboration on collaboration on 24/7 Answering Service: 1-800-642-9961 preservation of preservation of evidence. evidence. The SANE RN will request the following: Age of patient/When assault occurred The answering service will immediately page the on call SANE RN and provide an ETA for the SANE arrival to the facility *Request that *If the patient is the patient remain unable to refrain NPO until SANE from urinating, RN arrival request that the patient refrain Contact Victim's Witness Division for Advocate *Request that the from wiping 24/7 Answering Service 1.937.225.5623 patient remain in genitalia to avoid their clothing-do removing not change evidence. *Request that the SANE and Advocate will respond to facility. patient refrain SANE will collaborate with MD and RN. from urinating SANE will initiate the examination *If the patient is *If the patient is After completion of exam - SANE will give within child not within child report to MD and RN with documentation of bearing age, SANE bearing age or on a injuries and findings will collaborate current with MD and RN contraceptives the for baseline SANE may omit the pregnancy baseline pregnancy SANE will collaborate with MD and RN for screening screening prophylactic antibiotics or other medications SANE and Victim's Witness will give patient discharge instructions and/or aftercare resources for exam and notify law enforcement and collaborate for evidence pickup/reporting ED RN will administer medications and follow hospital guidelines for discharging patient from emergency department if no other testing is done.